

RULES

- Matches will be 7 a-side on either the Astro turf pitches at Dagenham Goals or any other suitable 7-a-side pitch
- **Year 4/5 BOYS ONLY** (*no girls/no year 3/no year 6*)
- Rolling substitutes may be made at any time after consulting with the referee.
- Matches at Goals should be 10 min each way, with a 2 min break for half time (total 20 minute game). Please do not play longer than 10 minutes, if you wish to extend the game time then please play a friendly after the league match has ended.
- Squads should be no more than **12 players**
- Normal football rules apply (no restrictions re: penalty area/height of the ball etc). No offsides. The only stoppages will be for fouls, injuries or if the ball goes behind the goal/off the pitch for those playing on grass.
- Teachers to referee. Alternatively, a qualified referee may take charge but they must have been CRB checked. Parents without appropriate qualifications are **not** permitted to referee according to ESFA rules. A common sense, friendly approach is encouraged.
- 3 pts for a win, 1 pt for a draw, 0 pts for a loss. If teams are level, the result between the two teams decides the position. If teams are still level, the position is shared.
- **STAGE TWO TO BE COMPLETE BY FRIDAY 29th MARCH 2024 – NO EXTENSIONS**

MISCELLANEOUS

- To book a pitch, a member of staff must email the GOALS Centre at dagenham@goalsfootball.co.uk (ask for a 7-a-side pitch, schools use, 3:30-5:00pm).
- Bring a ball, bibs and first aid (including water).
- Players need shin pads and trainers or astro-boots/moulds. **They will not be able to play without them.**
- Failure to comply with any rules invalidates insurance and risks legal action if an accident takes place.

CODES OF CONDUCT

- It is expected in Schools' Football that all involved maintain high standards regarding fair play and sportsmanship. Please ensure that the codes of conduct for players, coaches and spectators are strictly maintained. In this way we can maintain the good reputation of Barking & Dagenham Schools. Copies will be available on the website.